

## Clotrimazol Powder 10mg/g

This information is a summary only. It does not contain all information about this medicine. If you would like more information about the medicine you are taking, check with your doctor or other health care provider. No rights can be derived from the information provided in this medicine leaflet.

### What is Clotrimazol Powder and what is it used for?

Cotrimazol powder is used to treat athlete's foot. It is also used alone to help prevent re-infection.

### If you are unsure whether you have athlete's foot, seek the advice of your doctor or pharmacist.

Clotrimazole belongs to a group of medicines called imidazoles and is an antifungal agent which fights the cause of fungal skin infections.

### Do not use Cotrimazol Powder:

- If you are allergic (hypersensitive) to clotrimazole or the other ingredient of Canesten AF Dual Action Powder, rice starch.
- To treat nail or scalp infections.

### Pregnancy:

If you are pregnant or trying for a baby, tell your doctor or midwife before using Cotrimazol Powder. If you have informed your doctor or midwife already, follow his/her instructions carefully.

### How to use Clotrimazol powder

Follow these directions closely:

- Before applying the powder, your feet should be washed and dried thoroughly.
- Cotrimazol Powder should be sprinkled into the affected areas two or three times daily, after using Cotrimazol powder.
- The powder may also be dusted inside your socks and shoes. This should be done by turning your socks inside out and applying the powder directly to the area that will be in contact with the affected part of the foot.

The symptoms of athlete's foot, such as itching or soreness, should improve within a few days of treatment although signs such as redness and scaling may take longer to disappear. If symptoms persist, consult your doctor.

### Cotrimazol powder is for external use only:

Do not put the powder in your mouth or swallow it.

If the powder is swallowed accidentally, tell your doctor straight away or contact the Accident and Emergency Department of your nearest hospital.

If you accidentally get powder in your eyes or mouth, wash immediately with water and contact your doctor.

If you forget to use Cotrimazol Powder:

- Apply the powder as soon as possible and then continue the rest of your treatment as usual.

You can help the treatment to work if you follow these simple self-help tips:

- Although the infected area will itch, try not to scratch. Scratching will damage the surface of the skin and cause the infection to spread further.
- Keep the affected skin areas clean.
- Pay particular attention to drying the skin, including between the toes, but avoid excessive rubbing.
- Do not share towels, bath mats, etc. with other people as you could spread the infection to them.
- Always wash your hands after treating the infection to prevent it from spreading.
- Wash your socks, stockings and tights thoroughly in hot water to remove any shed skin or fungal spores.
- Change your footwear daily if possible.

### Possible side effects

Like all medicines, Cotrimazol Powder can cause side effects, although not everybody gets them.

As with all medicines, some people may be allergic to the powder. If you are allergic, a reaction will occur soon after you start using it. If you experience an allergic reaction, stop using Cotrimazol Powder and tell your doctor straight away.

### Signs of an allergic reaction may include:

- Rash.
- Swallowing or breathing problems.
- Swelling of your lips, face, throat or tongue.
- Weakness, feeling dizzy or faint.
- Nausea.

### Rarely, immediately after you apply the powder you might experience the following symptoms:

- Mild burning.
- Irritation.

If this is intolerable, stop treatment and see your doctor as soon as possible.

### Very rarely, Cotrimazol Powder may cause side effects which can be very similar to the symptoms of the infection. If any of these symptoms gets worse, stop treatment and see your doctor as soon as possible. These symptoms may include:

- Burning, pain or itching.
- Redness.
- Rash.