

Lidocaine 2% gel

This information is a summary only. It does not contain all information about this medicine. If you would like more information about the medicine you are taking, check with your doctor or other health care provider. No rights can be derived from the information provided in this medicine leaflet.

Lidocaine gel is used for:

Relieving pain in the mouth and throat. It is also used to temporarily relieve pain and itching associated with minor cuts and skin scrapes, minor burns (including sunburn), minor skin irritation, and insect bites. It may also be used for certain medical procedures or other conditions as determined by your doctor.

Lidocaine gel is an anesthetic. It works by preventing nerves from transmitting painful impulses to the brain.

Do NOT use Lidocaine gel if:

you are allergic to any ingredient in Lidocaine gel or other similar medicines (eg, amide-type anesthetics)

Contact your doctor or health care provider right away if any of these apply to you.

Before using Lidocaine gel:

Some medical conditions may interact with Lidocaine gel. Tell your doctor or pharmacist if you have any medical conditions, especially if any of the following apply to you:

- if you are pregnant, planning to become pregnant, or are breast-feeding
- if you are taking any prescription or nonprescription medicine, herbal preparation, or dietary supplement
- if you have allergies to medicines, foods, or other substances
- if you have a blood infection or severe injury of the mouth, throat, or other area where you are applying Lidocaine gel
- if you have heart, liver, or kidney problems
- if you have had a severe allergic reaction (eg, severe rash, hives, difficulty breathing, dizziness) to any anesthetic medicine

Some MEDICINES MAY INTERACT with Lidocaine gel. Tell your health care provider if you are taking any other medicines, especially any of the following:

Amiodarone, beta-adrenergic blockers (eg, metoprolol), cimetidine, or mexiletine because side effects, such as confusion, dizziness, lightheadedness, or tiredness, may occur

This may not be a complete list of all interactions that may occur. Ask your health care provider if Lidocaine gel may interact with other medicines that you take. Check with your health care provider before you start, stop, or change the dose of any medicine.

How to use Lidocaine gel:

Use Lidocaine gel as directed by your doctor. Check the label on the medicine for exact dosing instructions.

Do not get Lidocaine gel in your eyes.

Apply a small amount of Lidocaine gel to the affected area. Gently rub the medicine in until it is evenly distributed. If applying to broken skin, use a sterile gauze pad to apply the medicine.

Wash your hands immediately after using Lidocaine gel unless your hands are part of the treated area.

If you miss a dose of Lidocaine gel, use it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule

Ask your health care provider any questions you may have about how to use Lidocaine gel.

Important safety information:

Lidocaine gel may make it difficult for you to swallow. Do not eat anything for at least 1 hour after Lidocaine gel has been applied in the mouth or throat area.

Numbness of the tongue may cause you to bite the inside of your mouth accidentally. Do not eat any food or chew gum while your mouth or throat area is numb.

Lidocaine gel may cause a numbing effect at the application site. Do not scratch, rub, or expose the area to extreme hot or cold temperature until the numbness is gone.

Use caution when applying Lidocaine gel over large areas.

Do not use more medicine, apply it more often, or use it for longer than prescribed. Your condition will not improve faster, but the risk of side effects may be increased.

PREGNANCY and BREAST-FEEDING: It is not known if Lidocaine gel can cause harm to the fetus. If you become pregnant, contact your doctor. You will need to discuss the benefits and risks of using Lidocaine gel while you are pregnant. It is not known if Lidocaine gel is found in breast milk after topical use. If you are or will be breast-feeding while you use Lidocaine gel, check with your doctor. Discuss any possible risks to your baby.

Possible side effects of Lidocaine gel:

All medicines may cause side effects, but many people have no, or minor, side effects. Check with your doctor if any of these most COMMON side effects persist or become bothersome:

Redness or swelling at the application site.

Seek medical attention right away if any of these SEVERE side effects occur:

Severe allergic reactions (rash; hives; itching; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue); choking; confusion; dizziness or lightheadedness; fast breathing; fast, slow, or irregular heartbeat; fever; mood or mental changes; ringing in the ears or hearing changes; seizures; shortness of breath; swelling of the throat; vision changes.